OLIVER SENIOR CENTER SOCIETY

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March 2023

Member Session Fee \$2/Guest \$3 MEMBERSHIP \$20.00/year from October 1 – Sept 30 MEMBERSHIP AGE: 50+ ACTIVITIES AGE 40

SUN	MON	TUE	WED	THU	FRI	SAT
Drop-in Pool 10 – 12:30 and 12:30 – 3:00 Mon-Fri; D:30 – 12:00 Saturday. Please hand sanitize, maintain personal distance and mask to protect yourself if you are vulnerable.			Mar 1 8:30 Ladies Keep Fit 10:00 Floor Curling 1:00 Band Jam 1:00 Crib Session	2 9:30 Line Dance Begin 10:30 Line Dance 1pm Bridge Experi 1pm Co-ed Cardio/ Strength 2:15 Chair Fitness	3 8:30 Ladies Keep Fit 1pm BINGO	4 10am Dance - Live Band
5	6 8:30 Ladies Keep Fit 10am Carpet Bowling	7 8:30 Indoor Walk 9:30 Social Coffee 1:00 Co-ed Cardio/ Strength 2:15 Chair Fitness	8 8:30 Ladies Keep Fit 10:00 Floor Curling 1:00 Band Jam 1:00 Crib Session 2:00 Fraud Preventio	9 9:30 Line Dance Begin 10:30 Line Dance 1pm Bridge Experi 1pm Co-ed Cardio/ Strength 2:15 Chair Fitness	10 8:30 Ladies Keep Fit 1pm BINGO	11 10am Dance - Live Band 4:30 Trivia Night
12	13	14	15	16	17	18
	8:30 Ladies Keep Fit	8:30 Indoor Walk 9:30 Social Coffee	8:30 Ladies Keep Fit 10:00 Floor Curling	9:30 Line Dance Begin 10:30 Line Dance 1pm Bridge Experi	8:30 Ladies Keep Fit	Sat am Dance Cancelled
	10am Carpet Bowling	9:30 Board Meeting 1pmCo-ed Cardio/ Strength 2:15Chair Fitness	1:00 Band Jam 1:00 Crib Session	1pm Co-ed Cardio/ Strength 2:15 Chair Fitness	1pm BINGO	4:30 St Patrick Dinner/Danc
19	20	21	22	23	24	25
	8:30 Ladies Keep Fit 10am Carpet Bowling	8:30 Indoor Walk 9:30 Social Coffee 1pmCo-ed Cardio/ Strength 2:15Chair Fitness	8:30 Ladies Keep Fit 10:00 Floor Curling 1:00 Band Jam 1:00 Crib Session	9:30 Line Dance Begin 10:30 Line Dance 1pm Bridge Experi 1pm Co-ed Cardio/ Strength 2:15 Chair Fitness	8:30 Ladies Keep Fit 1pm BINGO	10am Dance - Live Band
26	27 9:00 Pool Tournament 8:30 Ladies Keep Fit 10am Carpet Bowling	28 8:30 Indoor Walk 9:30 Social Coffee 1pmCo-ed Cardio/ Strength 2:15Chair Fitness	29 8:30 Ladies Keep Fit 10:00 Floor Curling 1:00 Band Jam 1:00 Crib Session	30 9:30 Line Dance Begin 10:30 Line Dance 1pm Bridge Experi 1pm Co-ed Cardio/ Strength 2:15 Chair Fitness	31 8:30 Ladies Keep Fit 1pm BINGO	Apr 1 10am Dance - Live Band 4:30 Music Bingo