

## *President's Message for October 2023*

Hi! I hope all is well in your world. **Memberships** are now open for the Oct 2023 – Sept 30 2024 year. The price is \$25.00 per year.

We're back in full swing with EVERYTHING happening this month:

### **REGULAR ACTIVITIES:**

- Merton's **Cardio/Strength** and **Chair Fit** return on Tuesday, October 17<sup>th</sup> and 19<sup>th</sup>.
- **Floor Curling** starts Wed Oct, 4<sup>th</sup> and **Carpet Bowling** is back Mon, Oct 16<sup>th</sup>.
- Games Day Tuesdays, start Oct 10<sup>th</sup> any card and/or board games you like – come and play!
- Music Bingo (with TAPS program) is Wednesday mornings starting at 11:00.

### **EVENTS:**

- Monday 16<sup>th</sup> – **Fall Flower Arranging Workshop** – 10:00 – 12:00. \$ 10.00 for materials, sign up at the Centre in advance. Space is limited.
- Monday 16<sup>th</sup> 1:00 – **MOTION Mobility** is offering free tune-ups on mobility equipment such as wheelchairs and walkers.
- Saturday 21<sup>st</sup> – **Oktoberfest Dinner & Dance** – Bar (wine/beer) 4:30, Dinner 5:30, Dance to Senior Volunteer Band. Tickets still ONLY \$20.00 in advance!
- Saturday, Oct 28<sup>th</sup> – **BINGO MARATHON!** Doors open at 9:00, 4 full 15-game sessions plus special(s) - play all or some – 10-12, 1-3, 4-6, 7-9. 50/50.
- **Fall Tea, Bake Sale, Craft Market, Rummage Sale** –Wednesday Nov 8<sup>th</sup>. Book craft tables **NOW** –only \$10. Donations for rummage are being accepted.

### **ART:**

Our next art show Nov 2 – Dec 28, will be open to artists in any media, including photographers, providing the art is wall-hung. Each artist will have their own wall space at a minimal cost of \$20 per 8' section for months of Nov and Dec. All art must be for sale and will be charged 20% commission. Call Julie at 250-498-6142 or drop into Oliver Senior Centre to reserve your space.

### **ANNUAL GENERAL MEETING**

Our annual general meeting is Monday, November 20<sup>th</sup>. All our Board positions are single-year terms. We are now open for nominations to serve on the Board through 2024. If you are interested, or know someone who is, please contact Jeannett Tweedie at the Centre.

Many thanks to all who volunteer for the many jobs that keep the Centre running!!  
Til next month.....

Julie Russell, President