

President's Message for June 2024

Seniors Week 2024 is upon us! The Town of Oliver has declared Seniors Week, June 2 – June 8 and has organized many activities in collaboration with us and with Parks and Recreation. Posters and an events list are published on our Facebook page and website, or come in and get one!

A brief summary of the Seniors Week activities here at the Centre:

Sunday, June 2: Pancake Breakfast 8:30 – 11:00 \$10 each, \$5 if over 90 or married 50+ yrs

Monday, June 3 10:00 Fraud Prevention presented by Patricia Roberts, Valley 1st C.U.

Tuesday we have an outside rental event occupying the hall/kitchen all day and evening

Thursday, June 6: Do-It-Yourself Air Filter Workshop Must Register at 250-485-6200

Friday, June 7: Celebration Cake & coffee at BINGO!

Saturday, June 8: Dinner and Dance with the Senior Volunteer Band. Tickets \$15. Dinner sponsored by Desert Sun Counselling and Resource Centre and United Way.

NOTE: WE STILL NEED VOLUNTEERS TO HELP WITH THE SENIORS WEEK EVENTS AND TO HELP WITH SETUPS AND CLEANUPS. PLEASE LET US KNOW IF YOU ARE ABLE TO HELP!

The Town is offering free use of the Fitness Room during Seniors Week, Walk and Talk with the Mayor Monday and Wed mornings, Free Outdoor Fitness Equipment instruction and more. See <https://www.oliver.ca/whats-happening/bc-seniors-week> for details.

Summer slowdown continues...

- Tues and Thurs 1:00 cardio and strength fitness will continue through June, as will the Wed Jam Session, Sat a.m. Dance (except June 8th), Line Dancing, Crib and Bridge. The Senior Volunteer Band music (Wed & Sat) will stop for July and August.
- We will be closed on Mondays through July and at least half of August.
- We will be open for indoor walking on a drop-in basis on hot days when there are no other activities on. Stay cool and get your steps in! Check the calendar or call us.
- We have a list of people interested in a tie-dye workshop and could also have other workshops in the summer. Bring us your ideas!

The current **Art Show** is presented by Sagebrushers Art club and will hang until mid-June. **We are now booking artists and photographers who want to claim wall space for works that are for sale for the summer – Mid-June to Sept 1.** Call Julie at the Centre 250-498-6142 for details. Summer gallery hours will be open when we are open except for Fridays.

Have a great month! Plant a garden, play some golf, enjoy your guests and grandchildren and relax!

Julie Russell, President