

President's Message for October 2024

Memberships, now \$30 per year, for Oct 1, 2024 – Sept 30, 2025 are available now. Your 2023-24 membership expired October 1st.

Activity prices, effective Sept 1st: - \$3 members & \$5 non-members.

Members punch cards are \$30 for 10-punch & \$60 for 20 punches.

Non-member punch cards are \$50 for 10 and \$100 for 20 punches.

PLEASE take care to clean the bottoms of your shoes or change to 'inside shoes' before entering the main hall for ANY activity! We have just had our hardwood floors completely refinished and put 'feet' on the chairs and tables to prevent damage. Your help to keep the floors in wonderful shape will be most appreciated!

The rest of our regularly scheduled activities will resume after Thanksgiving weekend, including:

- * **Chair Fit** with Merton on Tuesdays & Thursdays at 2:15 starts October 15th,
- * **Carpet Bowling** starts Monday, Oct 21st at 10:00,
- * **Floor Curling** starts Wednesday, October 23rd at 10:00,
- * Merton returns to **Co-ed Cardio/strength fitness** on Tuesdays & Thursdays at 1:00 starting October 15th. Thanks so much to the leaders who kept it going May-October!

October will also include:

- * **Seniors Thanksgiving Dinner and Music Bingo Saturday October 19th**, by donation. Sponsored by Desert Sun and United Way. Register/RSVP by calling the Centre. This is a fund-raising event to support our much-needed kitchen updates.
- * **Kewl Chic Market** will be taking over the hall on Saturday, October 26th. This is an outside rental of our facility offering a "Spooktacular Halloween Market" from 10:00 – 3:00.

Our Fall Tea, Craft and Bake Sale is Wednesday, November 13th. Craft tables sign-up is open now at \$10.00 per table. All goods must be hand made or representative sales (Avon, Watkins, Scentsy and such). No 'rummage', 'vintage' or 'antiques' sale items.

Our Grief Workshop was well attended by a group of women who have given us very positive feedback. We would like to offer a similar workshop on "**Moving on from Grief for Men**", **led by Dr Max Uhlemann if enough are interested**. Please contact Julie or Moira and leave you name and contact information (phone and email). We can be reached at 250-498-6142 or oliverseniorcentre@gmail.com.

Our fund-raising drive to update the kitchen continues. We still need at least \$40,000 to bring the kitchen up to current commercial standards. We are a registered charity, so tax receipts are available on request. **THANKS TO ALL OUR DONORS!**

Donations can be made by e-transfer to donate@oliverseniorcentre.com, in cash or by cheque to Oliver Senior Centre. We will pick up donations on request -250-498-6142.

Welcome back to our returning snowbirds. We have missed you! And farewell to our southbound

Julie Russell, President